

Resource C

BASIC CURSE-BREAKING PRAYERS AND RENUNCIATIONS

Our DWJD (Do What Jesus Did) healing and deliverance teams have found that having a person read the following curse breaking document out loud to break this long list of curses off their lives is a very useful first step in the process of freedom from spiritual oppression. Getting some initial relief by means of this curse breaking process can accelerate the overall results of deliverance. As curse breaking is done, the following are important factors to consider:

1. The person should have a Christian confession, because curses are broken in Jesus's name.
2. People must believe what they are saying as they confess it with their mouths. (See Romans 10:9-10.)
3. Certain racial, ethnic, and geographical backgrounds may require more specific curse breaking.

INTRODUCTORY PRAYER

Heavenly Father, I come before you now to ask forgiveness for the curses of my ancestors and those curses that I have brought on my own life. I beseech you Lord, on behalf of the ancestors in my father and mother's lineage going all the way back to Adam and Eve. As I speak and declare each confession, I pray that you would forgive me and my ancestors and put these sins under the blood of my Lord and Savior, Jesus Christ of Nazareth. I pray that you would break these curses on both sides of my family, including any ancestors of my spouse or ex-spouse(s). Inasmuch as some of my descendants are not yet of legal age, I break all these curses on their behalf. Whoever of my descendants is already of legal age must break these curses by their own renunciation.

BREAKING THE CURSE OF FALSE RELIGION

In the name of Jesus, I renounce and break all curses of false religion that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. False religion, doctrinal error, dogma, legalism, unbelief, doubt, rejection of God, anger at God, unbelief in God's Word as Holy-Spirit-inspired truth, unbelief in God's power, unbelief that Jesus Christ is God, unbelief in Christ's death and resurrection, unbelief in the finished work of Jesus at Calvary, rejection of grace, striving to win God's love, striving to reach holiness and perfection in one's own efforts, striving to reach Heaven based on merit and good works.
2. Hypocrisy, religious bondage, religious slavery, religious murder, lust and ambition for recognition, lust and ambition

for position, lust and ambition for power and control in religious matters, Jezebel and Ahab, false love, false gifts, false tongues, false discernment, false words of wisdom, false prophecy, religious dominance, false laying on of hands, selfishness, greed, religious apathy, lack of compassion, pretense, false oaths, rigid theology, hatred of truth, anti-Semitism, anti-Catholicism, anti-Protestantism, judgmental attitudes, lying, gossip, slander, division, criticism, stealing, schisms, and backbiting.

3. Aetherius Society, Native American religions, Ascended Masters, Assembly of Yahweh, Edgar Cayce, Baha'i Faith, black magic, Buddhism, Christian Science, Church Universal and Triumphant, *A Course in Miracles*, Eckankar, est (Erhard Seminars Training), Esalen, Hinduism, Mormonism, New Age, Rastafarianism, Rosicrucianism, Kabbalah, Self-Realization Fellowship, Swedenborgianism, TM (Transcendental Meditation), obsession with UFOs, Unification Church, Unitarian Universalist Association, macumba, voodoo, Santeria, Islam, Krishna Consciousness, Theosophy, Religious Science (Science of Mind), Scientology, Jehovah's Witnesses, mind control, yoga, and all false Christian sects.
4. I cut all soul ties with the founders, teachers, and proponents of these religions and renounce all demons attached to these religions and their leaders. I cancel every ritual, ceremony, and blood covenant associated with these false belief systems.

BREAKING THE CURSE OF WITCHCRAFT

In the name of Jesus, I renounce and break all curses of witchcraft on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. All evil curses, fetishes, charms, vexes, hexes, spells, jinxes; all psychic powers, sorcery, enchantments, witchcraft, and love spells.
2. Any spirits connected with any person or persons from any occult practice or psychic source.
3. All psychic heredity gifts, demonic strongholds, psychic powers, bondage of physical and mental illness, family and marital rebellion and strife, sins, transgressions, iniquities, or occult and psychic involvement.
4. All forms of divination and seeking guidance through witchcraft and occult practices, including: Ouija Board, charming, séances, scrying, necromancy, crystal balls, phrenology, palm-reading, astrology and influence of personal birth sign, horoscopes, fortune-telling, false dreams, runes; reading coffee grounds and tea leaves, dripped wax, or bones.
5. All involvement in table-tipping, “light as a feather, stiff as a board” (party levitation), Bloody Mary summons, crystals, automatic writing or painting, channeling, pagan festivals, sorcery, spells, incantations, curses, magic (black and white), water-witching, dowsing, witchcraft, Wicca, spell books, or love potions.
6. Worship of mother earth or earth goddess, spiritism, spiritualism, secret oaths, superstitions, demonic role-

playing games, vows; belief in fairies, native spirits, or spirit guides.

7. Participation of my ancestors in occult or satanic rituals including orgies, temple prostitution, annual sacrifices, animal or human sacrifices, worship of idols, ceremonies honoring false gods and goddesses, covenants to false gods, self-mutilation, or bacchanalian parties.
8. Luciferian, satanic, and Freemasonry curses, and all secret society bondage.
9. I cut all soul ties with those living and dead who have enticed me or my ancestors into these witchcraft indulgences. I cut off their future access to me through the psychic third eye, the opening of any chakras, communication by channeling, books, seminars, objects such as crystals or amulets, dissociated soul transference, astral projection, mind control, manipulation of alters through triggers, or any other open door. Every open door via my mind and soul is hereby closed through the blood of Christ and all access denied from this point forward.

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#1

In the name of Jesus, I renounce and break all curses of destructive emotions on me and future generations. This renunciation includes, but is not limited to, the following curses:

Pride

1. All forms of pride, including a “stiff neck,” pride of life,

physical pride, intellectual pride, spiritual pride, disdainful haughtiness, pretense of inferiority, arrogance, smugness, cunning, trickery, deceit, and all lies.

2. I specifically renounce the spirit of Leviathan, the King of Pride, and remove any crown of pride he has placed on me.
3. I break any inordinate opinion of myself related to a false sense of dignity or merit. I ask the Holy Spirit to show me the difference between appropriate self-esteem and the error of false superiority. I ask that all I do be for the glory of Christ alone.

So whether you eat or drink or whatever you do, do it all for the glory of God (1 Corinthians 10:31 NIV).

Rejection

1. I renounce and break all curses of rejection, perceived rejection, rejection from word curses, rejection in the womb, all inner vows I have spoken, and bitter-root judgments I have uttered over myself.
2. I renounce and break all curses of verbal and relational rejection of my parents and their ancestors.
3. I renounce and break all curses of falsely perceived rejection by God; rejection resulting from mental, physical, verbal, and sexual abuse.
4. I renounce and break all curses of resentment, bitterness, anger, jealousy, envy, unforgiveness, grief, shame, and false guilt resulting from rejection.

5. I also renounce all abandonment that resulted in the spirit of rejection.

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#2

In the name of Jesus, I renounce and break all curses of destructive emotions that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Anger and Hate

1. Unforgiveness, rage, seething anger, fury, revengeful hate.
2. Hatred of father, mother, spouse, ex-spouse, all prior sexual and emotional and soul-tie relationships. Hatred of men, of women, of spiritual leaders, of those in authority in the Church and in civil government.
3. I renounce all connected emotions of self-hate, impulsiveness, irritation, wrath, temper tantrums, contention, strife, conflict, immature self-will, violence, fighting, or war.
4. I renounce and break all curses of racial hatred; hatred of countries, of political parties, of ethnic identities.
5. I renounce all hatred toward those who have tormented me, abused me, or treated me harshly.

And when you stand praying, if you hold anything against anyone, forgive him, so that your Father in heaven may forgive you your sins (Mark 11:25 NIV).

Fear

1. I renounce and break all curses related to the fear of giving and receiving love freely.
2. I renounce and break all curses of the fear of death, of darkness, of animals, and of all living creatures; fear of crowds, of water, of choking, of drowning, of sexual assault, of close places, of storms, and fear of the future.
3. I renounce and break all curses related to the fear of demons, of Satan, of the loss of salvation, and of judgment. This includes the false fear of hell, as well as false fear of the Holy Spirit, Jesus, and God.
4. I renounce and break all curses related to the fear of other people: fear of men or of women, fear of childbearing, fear of relationships, fear of marriage, and fear of spiritual leadership.
5. I renounce and break all curses related to nightmares, insomnia or night terrors; to fear of torment, torture, trauma, terror, dreams, or accidents; to superstitions, agoraphobia, and all irrational phobias.

For God has not given us a spirit of fear, but of power and of love and of a sound mind (2 Timothy 1:7).

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#3

In the name of Jesus, I renounce and break all curses of destructive emotions that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Depression

1. Depression, hopelessness, despair, despondency, worthlessness, a broken heart, a wounded spirit, and all accompanying thoughts of death, suicide, self-harm, and self-destruction.
2. All forms of mental illness and emotional incapacitation associated with depression, including schizophrenia, paranoia, bipolar disorder (manic depression), borderline personality disorder, lunacy, insanity, and similar emotional disturbances.
3. I renounce and break all curses related to negative responses to depression and trauma such as addictions to alcohol, drugs, gambling and pornography; obsessive compulsive disorder, anxiety disorders, and post-traumatic stress disorder.
4. I renounce and break all curses related to physical responses to depression and trauma, which may include dementia, senility, neurological damage, epilepsy, seizures, convulsions, all hormonal and chemical imbalances, and self-abuse.

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life (Proverbs 13:12 NIV).

Isolation

1. I renounce and break all curses related to isolation, loneliness, unnatural grief, agoraphobia, and all unwarranted religious justifications for emotional

separation.

2. I renounce and break all curses related to a wandering spirit, a relationally dysfunctional lifestyle, idleness and sloth leading to inactivity.
3. I renounce every false rationalization to justify friendlessness, lack of Christian community, of fellowship, of mentors, and of accountability.
4. I renounce every demonic force with an assignment from Satan to “keep me to himself” and away from the Lord, family, and caring spiritual leaders.
5. I renounce each plan of Satan to keep me divorced, unmarried, single, without even platonic connections, and fearful of trusting and being emotionally vulnerable.

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#4

In the name of Jesus, I renounce and break all curses of destructive emotions that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Self-Hatred

1. Self-hate, self-abuse, self-condemnation (as evidenced by being guilt-ridden, feeling like a failure, filled with thoughts of insufficiency and self-loathing).
2. I renounce negative voices from my past (such as verbal and emotional abuse from parents, pastors, teachers, Christian leaders, and friends).

3. I renounce the voice inside telling me I am no good, I'll never amount to anything, I'd be better off dead, I should do the world a favor and kill myself, no one will ever love and accept me, I'll always be a failure, and that even God doesn't want me.
4. I renounce condemning thoughts that attack my physical appearance, my intellectual skills, my emotional capacities, and my relationship with God (questioning my worthiness to be saved by God's grace).
5. I renounce and break all curses related to every destructive impulse to self-harm through cutting or other forms of self-injurious abuse. I reject every suggestion of sudden death, suicide, running away, hiding, or allowing my thoughts to entertain unhealthy fantasies or delusions.

Addiction

1. I renounce and break all curses related to every form of narcissism and self-absorption leading to addictions to drugs, alcohol, gambling, lust, gluttony, bulimia, anorexia, bingeing and purging.
2. I renounce and reject all spirits of Deception, Stupor, Cravings, Compulsions, Hangover, Hallucinations, Slow Death, and Dishonoring the Body (which is the temple of the Holy Spirit).
3. I renounce and reject all cravings and unnatural desires for damaging indulgences including psychoactive and psychotropic drugs (both prescription and recreational, legal and illegal), which are unnecessary to life, health, and pain

management.

4. I renounce and break all curses related to marijuana, speed, LSD, hallucinogens, heroin, crack, designer drugs, barbiturates, crank, PCP, all non-medical opiates, cocaine, methadone, sniffing solvents, unnecessary sleep aids; along with all illegal peddling, trafficking, or the formulating of such addictive, unlicensed drugs.

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#5

In the name of Jesus, I renounce and break all curses of destructive emotions that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Lust

1. I renounce and reject all lust, lust of the flesh, pornography, unclean conversations and fantasies, tormenting dreams, sinful imaginations and flashbacks, sexualized memories, unwholesome fantasies, a wandering eye, ungodly flirtation.
2. I renounce and break all curses related to illicit sexually-related activities including adultery, infidelity, immorality, fornication, promiscuity, molestation, rape, incest, prostitution, procuring prostitutes, stripping, going to strip clubs, compulsive masturbation; as well as viewing pornographic movies, television, magazines, videos, and Internet.
3. I renounce and break all curses related to perversion, bestiality, pedophilia, sexual violence and cruelty,

masochism, sadomasochism, tantric sex, or occult sex. I renounce all spirits of Harlotry and Whoredom, Uncleaness, Defilement, Lewdness, Lasciviousness, Nudity, Voyeurism, Incubus, or Succubus.

4. I renounce and break all curses related to activity affecting sexual relationships, including frigidity, impotence, sterility, infertility, unfulfilled relationships, multiple divorces, and failed marriages.
5. I renounce and reject all entrance of sexual demons through any bodily orifices, including ears, eyes, nose (smell), touch; as well as through dreams, visualizations, nocturnal arousal, daydreaming, or any demonic sexual stimulation.
6. I renounce and break all curses related to illicit relationships before or after marriage and all soul ties associated with such relationships.
7. I renounce and break all curses related to attempts to use sex to obtain power, wealth, control, domination, and manipulation of relationships.
8. I renounce and reject all attempts of Satan to instill false shame, false guilt, self-condemnation, self-hatred, shame or hatred of my body. I renounce and break all curses related to false attempts at purity and self-isolation through weight gain, unkept appearance, anorexia/ bulimia, or offensive behavior.

BREAKING THE CURSE OF DESTRUCTIVE EMOTIONS

#6

In the name of Jesus, I renounce and break all curses of destructive emotions that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Rebellion

1. Rebellion against God, disobedience, a lukewarm attitude; spiritual disregard, apathy and lethargy; any form of idolatry (including worshipping false gods or idolatrous behavior), self-righteousness, feigned spirituality, and the spirit of Jezebel.
2. I repent and renounce rebellious behavior and break all curses that may have come with my rebellion, specifically: refusal to submit to authority (to my parents before my legal emancipation), to my husband (if I am a wife), or to the pastor or spiritual elders of my church. I renounce and break all curses associated with rebellion regarding civil affairs and established governmental authority, including law-breaking and failure to pay taxes, rioting, theft, anarchism, nihilism, violent civil disobedience.
3. I renounce and break all curses associated with rebellion-related emotions and attitudes, including being unteachable, defensive, argumentative, subversive, manipulative, controlling, or demanding; also making a pretense of submission, coercion, and setting my own agenda in conflict with the common good.

BREAKING THE CURSE OF DEMONIC BEHAVIOR #1

In the name of Jesus, I renounce and break all curses of demonic behavior that are on me and future generations. This renunciation includes, but is not

limited to, the following curses:

Curses of National, Ethnic, and Racial Origin

1. I revoke all generational curses, demonic genealogies, racial depravity, and corrupted nationalities that came through my bloodline. This renunciation applies to me and all future generations. I repent on behalf of the sins and iniquities of all my ancestors going back to Adam and Eve, including all of their ungodly oaths, vows, and ceremonial acts and rituals involving the worship of false gods, goddesses, and idols. I ask forgiveness for all bloodshed and every blood covenant with sacrifices of animals or human beings.
2. I renounce and break all curses of prejudice (both racial or ethnic superiority and racial or ethnic inferiority). I rebuke and renounce all spirits associated with conquest, rape, pillage, domination, genocide, theft of land or property, murder, attack, the taking of territories by violence; the killing of families, households, villages and nations.
3. I renounce and break all curses of slavery, oppression, injustice; and any nationalistic desire to conquer for wealth, power, prestige, and subjugation.
4. I rebuke the demons of War, Violence, Antichrist, Abaddon, Apollyon, Molech, and Nike.

Murder

1. I renounce and break all curses of murder, revenge, retaliation, jealousy, abortion, self-harm, self-cutting, suicide, suicide attempts, suicidal thoughts, infanticide, worship of Molech, child sacrifice, fratricide, birth control

destroying fertilized eggs, and ritual murder or gang murder.

2. I repent of all destructive thoughts or actions toward properties, people, institutions, civil and religious leaders, and those who have wronged me or treated me unjustly; all plans, speculations, or musings about vengeance by causing physical or emotional hurt. I break all curses related to such thoughts or actions.
3. I break all curses incurred by any ancestor who committed acts of murder or attempted murder, and all past instances within my family line of violence or instigation of violence leading to harm of any kind.

BREAKING THE CURSE OF DEMONIC BEHAVIOR #2

In the name of Jesus, I renounce and break all curses of demonic behavior that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Death and Destruction

1. Each and every death wish for myself or others; any blood oaths, vows, or blood covenants, including sexual rituals of vampirism or blood-sharing.
2. I renounce and break all curses stemming from involvement in the occult, witchcraft, voodoo, revenge magic, and divination, where such involvement led to scheming or plotting to murder any child (infanticide) or the killing of family members (brothers, sisters, parents and all other relatives).

3. I renounce and break all curses that have resulted from desiring the death of any person; or from wishing injury to someone's career, future, destiny, relationships, blessings, happiness, spiritual life, joy, freedom, honor, marriage, spiritual riches, prosperity, purpose, creativity, design, or goals.
4. I renounce and break all curses that have resulted from participation in any crime, including stealing, vandalism, graffiti, looting, arson, anarchy, malice with evil intent, destruction of goods or property, harming or showing disrespect for the property or possessions of others.

Amusements

1. I renounce and break all curses that have come from ungodly pastimes of gambling, alcoholism, or demonic entertainment; hedonistic lifestyles, lascivious amusements, and profane music; tattoos, body piercing, orgies, drunkenness, vice, revelry, and all unwholesome activities.
2. I repent for attending or visiting any demonic ceremonies, pagan rituals, vulgar concerts, gambling casinos, irreverent movies and theatrical productions, and any blasphemous or sacrilegious indulgence, and I break any curses that have resulted from these activities.

Finances

1. I repent for the love of money, greed, covetousness, theft, stealing, and using unjust scales or balances, and I break all curses associated with this sinful behavior. I renounce a spirit of Poverty, Lack, not enjoying the fruits of one's

labor, failure to pay tithes, failure to pay taxes, and I break all curses associated with this mindset. I also break the curse from Malachi for robbing God (see Malachi 3:8-9) and the curse of pests devouring “crops” and the “fruit” of my “fields,” having renounced the unvirtuous behavior that led to these curses.

2. I agree to pay all my back taxes and tithes as I am able, to make restitution of anything I have stolen, and to conduct my financial affairs in an honest and just way.
3. I resist every spirit of Poverty and Lack and demonic withholding of my finances and demand a sevenfold return, according to the law of restitution. (See Proverbs 6:31.)

BREAKING THE CURSE OF DEMONIC BEHAVIOR #3

In the name of Jesus, I renounce and break all curses of demonic behavior that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

The Spirit of Jezebel/Ahab

1. The spirit of Jezebel and/or Ahab represented by murder, control, false submission, manipulation, arrogance, false spirituality, unaccountability; and all the forms in which Jezebel operates, such as Queen of Heaven, Queen of Babylon, wife, mother, mentor, lover, sexual partner, teacher, pastor, leader.
2. I renounce all Jezebel/Ahab involvement in every relationship, such as husband-wife, mother-child, father-child, pastor-lay person, employer-employee, friend-friend,

mentor-student, lover-lover (including the use of sex to manipulate); and I repent of using power, money, or position to corrupt such relationships.

3. I renounce and repent of all hatred and rebellion toward men, authority, Christian leadership; and all forms of expression of this hatred and rebellion, including a sharp tongue, sexual seduction, anger, and pretended cooperation.
4. I renounce every way that the spirit of Jezebel and/or Ahab operates, including, but not limited to, barrenness, infertility, despising of children, irreverence toward holy things, gossip, backbiting, undermining leadership, destroying marriages, deviously attacking spiritual leaders, inciting spiritual failure or church schisms, questioning biblical authority, misogyny, perpetrating emotional castration, and fostering witchcraft and rebellion.
5. I renounce every form of Jezebel's expression through spirits of Lilith, Ashtoreth, Aphrodite, Astarte, Diana, Venus, Ishtar, Isis, Kali, Anat, and other goddess forms throughout history. I renounce all Jezebel's partners and cohorts, including the spirits of Ahab, Molech, Baal, Murder, Witchcraft, and Lucifer. I sever every soul tie with these false gods and false goddesses and every sexual, emotional, or spiritual bond I have forged with any person controlled by Jezebel. In judgment, I release the dogs of Jezreel (see 2 Kings 9:34-37) to spiritually eat the flesh and drink the blood of Jezebel to drive her influence completely from my life.

BREAKING THE CURSE OF PHYSICAL AND MENTAL

INFIRMITIES #1

In the name of Jesus, I renounce and break all curses of physical and mental infirmities that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Infirmities

1. Every genetic and congenital disease passed on by hereditary transference. This includes, but is not limited to, arthritis, cancer, epilepsy, fibromyalgia, gastrointestinal diseases, eyes/ears/nose/throat diseases, heart disease, high blood pressure, pulmonary problems, all diseases of the joints and extremities, skeletal and musculoskeletal diseases, diseases of the lymphatic and endocrine systems, neurological conditions, vascular abnormalities, genital diseases, brain malfunctions, and all disorders of every internal organ.
2. I renounce each and every disease, infirmity, disability, illness, sickness, ailment, abnormal condition, disordered bodily function, infection, nutritional deficiency, and internal toxicity.
3. I renounce every factor influencing my health, including those factors that are pathogenic, parasitic, poisonous, environmental, or caused by microorganisms, viruses, and genetic mutations.
4. I break every curse intended to affect my overall health, bring about death or premature death, result in suffering, increase pain, heighten vulnerability to disease, or cause bodily malfunctions; to bring about wasting, loss of will to

live, or fear of dying.

5. I declare the healing of Christ to every physical abnormality or dysfunction and the restoration of my body to health and wholeness.

Mental Health Issues

1. I break every curse associated with all forms of mental illness and emotional incapacitation including schizophrenia, paranoia, depression, bipolar disorder (manic depression), borderline personality disorder, lunacy, insanity, and similar mental/emotional disturbances.
2. I renounce all age-related attacks on my mind, including dementia, senility, loss of memory, Alzheimer's, confusion, mental distraction, and forgetfulness.
3. Obsessive-compulsive disorder, panic attacks, post-traumatic stress disorder, agoraphobia, panophobia, narcissism, all anxiety disorders, autism, attention deficit disorder, and hyperactivity disorders.
4. I declare the healing of Christ to every mental health issue and restoration to health and wholeness.

BREAKING THE CURSE OF PHYSICAL AND MENTAL INFIRMITIES #2

In the name of Jesus, I renounce and break all curses of physical and mental infirmities that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

Attacks Upon the Organs

1. All cancer, including cancer of the breast, cancer of the stomach, leukemia and other cancers of the blood, cancer of the prostate, skin cancer, lung cancer, lymphatic cancer, brain cancer, cancer of the reproductive organs, and cancer of the colon and intestines.
2. I rebuke every demonic attack causing tumors, uncontrolled cell growth, strokes, or paralysis; and all diseases including sickle cell anemia, Lou Gehrig's Disease (ALS) and other motor neuron diseases, muscular dystrophy, diabetes, eczema and all other skin diseases, Parkinson's disease, Crohn's disease, multiple sclerosis, AIDS, and all chronic diseases.
3. I renounce and break all curses that have affected the eyes and that have resulted in poor eyesight, including astigmatism, glaucoma, cataracts, detached retina, and any degree of blindness.
4. I renounce and break all curses that have resulted in weight control and eating disorders, including both overeating and undereating.
5. I renounce and break all curses concerning heart issues, including high cholesterol, congestive heart failure, heart murmurs, false cardiac arrests, arrhythmias, heart valve problems, blood clots, phlebitis, hardening and thinning and blocking of the arteries, and all fear of these conditions.
6. I renounce and break all curses concerning pulmonary conditions, including bronchial and lung infections, asthma, emphysema, allergic rhinitis (hay fever), sinusitis,

bronchitis, and any other causes of poor lung capacity.

7. I renounce and break all curses concerning skeletal abnormalities, including curvature of the spine, scoliosis, and other bone or joint abnormalities or infirmities.
8. I renounce and break all curses that have resulted in malfunctioning of the liver, skin, pancreas, appendix, reproductive organs, thyroid, gall bladder, kidneys, and any organ that affects the body systemically (affecting the entire body).
9. I renounce and break all curses that cause or intensify chronic pain, including pain of the back and spinal column; pain that results from sprains, muscle tears, and diseased tissue and joints—all pain that inhibits normal activity.
10. I renounce and break all curses concerning cirrhosis, hearing problems, hypoglycemia, ulcers, hepatitis, and any ailments resulting in swelling, edema, itching, burning, vertigo, paralysis, impotency, sterility, miscarriage, fainting, convulsions, or any other symptom of ill health.
11. By the stripes of Christ (see 1 Peter 2:24) I am healed. All of my cells, all of my DNA, all of my chromosomes, all of my organs, and all of my senses must comply with God's divine order for my being. Every evil spirit assigned to destroy any aspect of my physical body is henceforth bound from causing further torment or harassment.

BREAKING THE CURSE OF FALSE SPIRITUALITY

In the name of Jesus, I renounce and break all curses of false spirituality that

are on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. All false religions and religious practices, especially those rooted in the ancient worship of the Sumerians, Babylonians, Egyptians, Assyrians, and Druids.
2. Every false god and false goddess, every deity and demigod, every spirit, demon, idol, icon, object, and amulet.
3. All false religions, including all their rituals, ceremonies, creeds, so-called sacred texts and scrolls, offerings, sacrifices, and covenants, especially blood covenants involving the sacrifice of animals and humans.
4. Further, I renounce and break all curses of false spirituality coming from organizations that promote intellectual and ethical behavior devoid of Judeo-Christianity principles and seek to better humankind by deliberately negating Christ's blood atonement.
5. I renounce every affiliation, commendation, degree, vow, oath, contract, agreement, and ungodly utterance that stands in competition with or opposed to my commitment to the Father, Son, and Holy Spirit.
6. I renounce every attempt to supplant the wisdom of Christ with demonically influenced philosophies, theories, rationalizations, exalted or false wisdom, or reliance on ascended masters, resulting in the exaltation of the intellect or doctrines of demons.
7. I renounce every false religious leader, guru, teacher,

avatar, founder, spokesperson, and representative to whom I have pledged devotion, given gifts and offerings, or with whom I have had sexual or emotional bonding. I break all soul ties associated with these individuals, expel any soul transferences from them, and repudiate all mind control.

8. I repent of and renounce every spoken word on behalf of all false spirituality, including blasphemies, profanities, sacrilege, cursing, death oaths, self-injury vows, secret pacts, and all mockery of Christianity.
9. I renounce and break all curses associated with occult practices including, but not limited to, yoga, TM, tantric practices, guided imagery, visualizations, godless holism, demonic meditation, mind control hypnosis, mantras, chants, reliance on psychic powers, past life therapy, spirit guides and channeling, reincarnation, Qiqong, kundalini, prana, chakras, auras, clairvoyance, ESP, all psychic powers, psychic healing, Reiki, I Ching, and all divination. I also renounce all teachers, facilitators, gurus, and leaders who induced me to indulge these practices and break every soul tie with them. I also break every agreement, seal, covenant, and submission associated with these practices and the individuals who transmitted them to me.

BREAKING THE CURSES OF ALL SOUL-TIE ISSUES

In the name of Jesus, I renounce and break all curses of all soul-tie issues that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. Every unhealthy and ungodly emotional, physical, sexual,

mental, psychic, spiritual, professional, relational bond that I have entered into by which I have become tied to another individual, including any friend, family member, lover, ex-lover, spouse, ex-spouse, prostitute, employer, mentor, pastor, or anyone else I have allowed myself to become attached to in a way that has resulted in my detriment.

2. I renounce all emotions, vows, promises, pledges, formal or informal binding agreements that I uttered or entered into with the person to whom I was soul tied or with whom I was in a one-flesh relationship, and I break all curses associated with those relationships.
3. I ask forgiveness for any deception or seduction that led to this bondage. I ask for healing of the memories of all circumstances that led to the soul tie. I forgive the other individual for what he or she may have done to seduce, deceive, or hurt me in any way.
4. If any soul-part of the person to whom I was bonded has been embedded in any part of my mind or emotions, I ask the Holy Spirit to remove it. If any demons are attached to any transferred soul-part, I resist these evil spirits by the blood of Christ. I send those parts back to the person from which they came. I will return or destroy, whichever is appropriate, any objects which connect me to that individual, objects that may remind me of that person or were a gift from that person. By removing these physical reminders, I am cutting off all ways in which Satan may keep that person in my life.
5. In the name of Jesus, I renounce, resist, and break all curses

of shame, guilt, self-condemnation, harassment, stalking, or emotional torment related to this person. As the soul tie is broken, this person no longer has any spiritually legal right to influence my life.

6. Every door in every part of my being that was affected by this soul tie is now closed and sealed by the blood of Christ.

BREAKING THE CURSE OF EVERY FRAGMENTED SOUL

In the name of Jesus, I renounce and break all curses of every fragmented soul that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. Every attempt of Satan through witchcraft, satanism, or any occult power to fragment my mind and emotions. I repent of my involvement in practices that may have facilitated this evil intention, such as practicing eastern mysticism, meditation, hypnotherapy, trancing, channeling, or various forms of mind control; taking drugs, or listening to demonic music.
2. I ask the angels of the Lord and the Holy Spirit to capture all the broken parts of my mind and bring them back to me in restoration and wholeness according to Psalm 23:3 (“He restores my soul”).
3. I renounce every attempt by any person to control my mind and life and thereby cause my emotions to fragment through their domination. This renunciation includes any unintentional mind control indulged in by my ancestors, passing on to me the propensity to disassociate negatively.

4. I ask healing for every psychologically dissociated or emotionally disconnected part of my mind and emotions. While I recognize that temporarily such a condition may facilitate survival after trauma, I know that it is God's will for me not to be "double-minded" but stable in all my thoughts and actions (see James 1:2-7). I want this healing to penetrate every aspect of my soul, even the deepest parts that are subject to amnesia, so that no demonic force can manipulate my condition consciously or unconsciously.

BREAKING THE CURSE OF BIBLICAL ABOMINATIONS

In the name of Jesus, I renounce and break all curses of biblical abominations that are on me and future generations. This renunciation includes, but is not limited to, the following curses:

1. Every biblical curse pronounced on immoral, disobedient, and ungodly behavior. This includes the curse of illegitimacy (in Deuteronomy 23:2), the curse of anti-Semitism (in Genesis 12:3), and all the curses of which God warns His people in Deuteronomy 28.
2. All curses of death, isolation, alienation from God, poverty, and every physical and mental consequence of spiritual rebellion.
3. Every curse of fornication, adultery, incest, sexual perversion, all moral impurities, keeping cursed objects, ignoring the poor, taking advantage of the innocent and vulnerable, witchcraft, thievery, swearing falsely, idolatry, cursing (especially taking the Lord's name in vain), coveting, cheating, dishonesty, failure to tithe, murder,

oppressing the handicapped, failure to care for widows and orphans, deceptive religious pursuits, dishonoring parents, infanticide, witchcraft, and any other iniquity-caused curse.

4. These curses are now broken back to Adam and Eve and from the actions of every ancestor in between. These curses of biblical abominations are also broken on all future generations. As I break these curses and renounce these abominations, I am once again accepted into fellowship with God and need no longer to feel ashamed to enter His presence.